

HORARI DE SALA DE FITNESS

La Bonaigua
Complex Esportiu Municipal



TÈCNICS A SALA DE FITNESS

	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE	DIUMENGE
7:30							
7:45							
8:00		EVA	EVA	EVA			
8:15							
8:30	EVA				EVA		
8:30						ALEX	
8:45							
8:45							
9:00							
9:00							
9:15							
9:30	MIREIA	MIREIA	MIREIA	MIREIA	ORIOI		
9:45							
10:00							
10:15	MIREIA						
10:30							
10:45							
11:00							
11:15							
11:30							
11:30							
11:45							
12:00							
12:00							
12:15							
12:30	EVA		EVA	EVA			CARLA
12:45		ALBERT				ALEX	
13:00							
13:00							
13:00							
13:15							
13:30							
13:30							
13:45							
14:00	ALEX		ALEX				
14:15							
14:30							
14:45							
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16:00							
16:15							
16:30							
16:45							
17:00							
17:00							
17:15							
17:30							
17:45		ORIOI		ORIOI	ORIOI		
18:00							
18:15							
18:30							
18:45							
19:00	ORIOI		ORIOI				
19:00							
19:15							
19:30							
19:45							
20:00							
20:15							
20:30							
20:30							
20:45							
21:00		ORIOI		ORIOI	MIREIA		
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							